



Modern  
Therapeutic  
Technology  
+  
Ancient  
Chinese  
Techniques

# THE BODY CODE EXPLAINED

by Amy Francis

[www.BlossomHolisticHealth.com](http://www.BlossomHolisticHealth.com)

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# What is The Body Code?

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## Do you wonder if great health is possible?

The human body has a truly incredible innate ability to bound back and heal itself from all kinds of stress, trauma, sickness and disease. But this self-healing ability is dependent on the right conditions; if the body is imbalanced, it won't be able to heal itself as well as it should. This allows problems to build up over time, some never being fully resolved. Most people are in this kind of status and suffering from it, but the good news is that this process is often completely reversible. Every kind of imbalance that can affect the body is outlined in The Body Code and your certified practitioner has been trained to help you find and remove each of them, one by one. This is the most direct and most powerful way to restore health to the body, by making the conditions right for it to restore health to the body, by making the conditions right for it to rebalance itself. Working with The Body Code has helped thousands of people create a profound shift in their emotional and physical wellbeing.

## What is The Body Code?

The Body Code is a state of the art healing technique. It was developed over several years by a holistic chiropractor, Dr. Bradley Nelson, who teaches that true health simply means being balanced in six diverse ways:

**Energies:** To correct this area of imbalance we use simple yet powerful energy work to identify and remove damaging emotional and mental energies and that can become trapped in the body during stressful emotional events.

**Circuitry:** Here we balance the energy systems of the body including the chakras, the acupuncture meridians, the connection of the spiritual and physical body and the energy circuits of the organs and glands .

**Toxicity:** the Body Code can identify and address toxic agents that don't show up on medical tests as well as some that do. Removing them is simple and often even immediate.

**Pathogens:** Such as parasites, viruses, bacteria, mold or fungus. These destructive and often elusive infections can be easily identified along with any necessary remedies to rid the body of these.

**Structural:** Imbalances in the bones, organs, connective tissue, muscles, and nerves can be brought into alignment non-invasively to gently restore stability to the physical body.



**Nutritional:** This can be a straightforward nutrient deficiency as well as imbalance's like dehydration, magnetic field deficiency or a need for a certain healing food or herb.

The Body Code is so effective because it allows us to find specific problems and simply remove them. There is no guessing game involved, just results!

## The Body Code has helped:

Many, many different issues but the ones Amy uses it most often for, are:

**Anxiety**

**Back Pain**

**Abdominal pain/IBS**

**Chronic Fatigue**

**Constipation**

**Depression**

**Digestive Problems**

**Head Aches**

**Hypoglycemia**

**Insomnia**

**Migraines**

**Neck Pain**

**Obesity/Over Weight**

**Panic Attacks**

**Phobias**

**PTSD**

**Sciatica**

**Sinus Problems and more...**

## How does it work?

Your subconscious mind is the ultra-intelligent computer system of your body; it knows exactly what you need to achieve balance in the six key areas of health. We use specific questioning, charts and muscle testing (kinesiology) to get precise answers from your subconscious about imbalances in your body that need to be addressed.

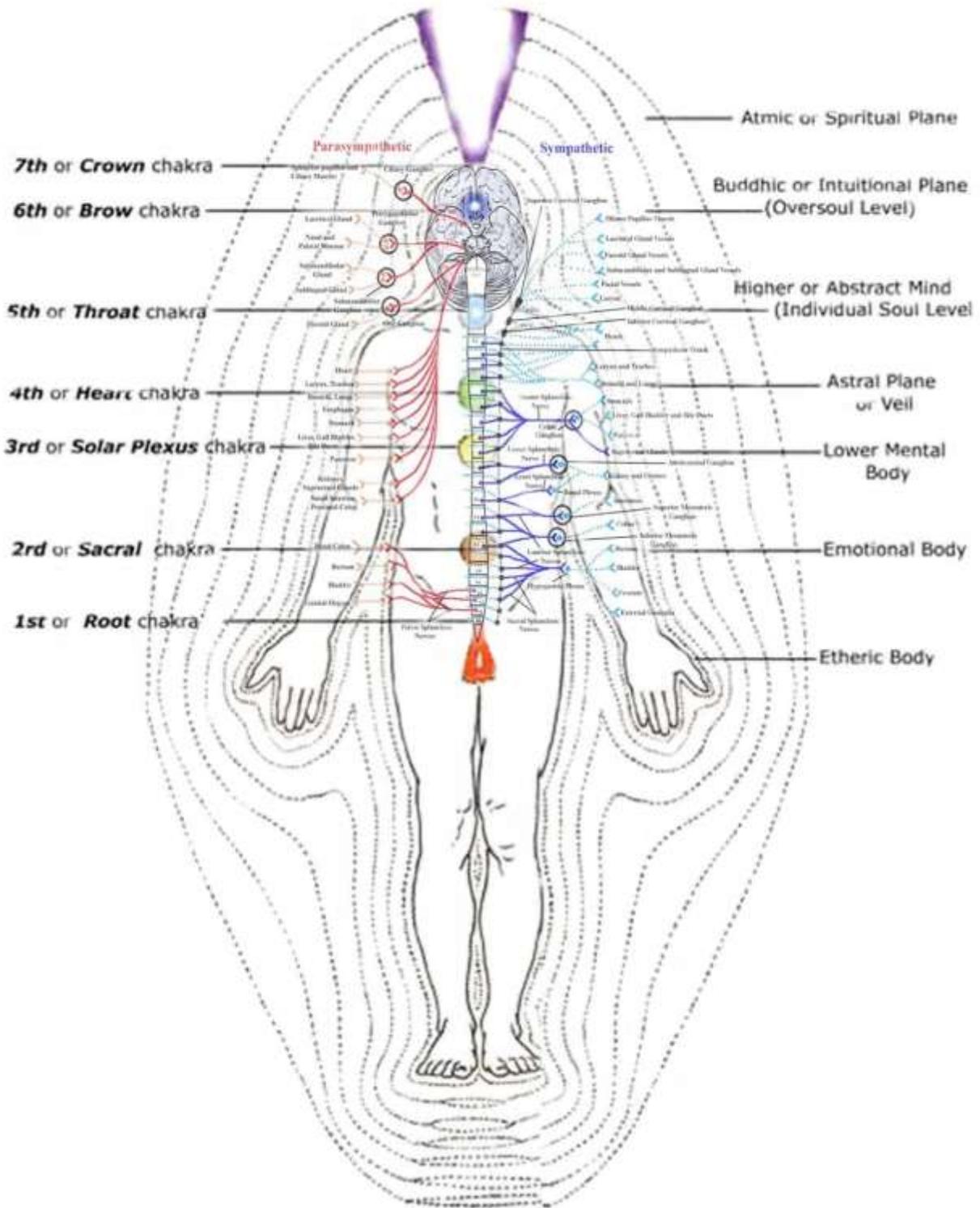
To release or correct an energetic imbalance, The Body Code combines 2 essential elements:

1. The modern technology of therapeutic magnets
2. The ancient principles of Chinese Medicine.

The magnet acts as a powerful carrier for your practitioner's intention to release or correct the imbalance in your body. When that magnetically charged intention energy is placed into your body via the Governing Meridian (a major energy channel in the acupuncture system) it flows through your body instantly and either releases the negative energy or restores balance to the energy circuit. This procedure is noninvasive and pain free. Other imbalances may require a remedy which your practitioner may test you for and suggest accordingly.



This can be done in person or by phone. As energy has no time or space.



## What can I expect?

Most people say they feel lighter and freer, but we frequently see the disappearance of major health and emotional issues too! Your results will depend on how much your issues run deep and how quickly your body responds after the session. Everyone is different. After each session, your body will restore balance to your body regarding the area that was worked on, enhancing the body's natural healing ability. This means you will be better able to recover gently from your ailments and gain a stronger immune system too!



## Where do I start?

The first step is to contact your Certified Body Code Practitioner to set up an appointment, which is me, Amy Francis through my company: Blossom Holistic Health.

The Body Code process is simple and fast, but also effective and long lasting. You don't need to know much about how the technique works. You just need to be ready and willing to heal. Leave the rest up to me, your knowledgeable and capable certified practitioner.

I offer a **30 min. FREE Consultation** for any questions you may have on Life Coaching, The Body Code or other modalities I use, courses I offer, and on the best place for you to start to move forward in your mental, physical, emotional, and spiritual healing journey. As well as getting a chance to get to know me before our 1<sup>st</sup> session together.

Go to [www.BlossomHolisticHealth.com/schedule](http://www.BlossomHolisticHealth.com/schedule) to schedule your Free Phone Consultation appointment.

Thank You!



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